CLASSIFIED ADS

FORCES DISPATCH **CLASSIFIEDS**

To place your ad, please call the Classified Advertising Department at (619) 280-2985.

ATTORNEYS

DUI & Criminal Defense

- Free Case Evals 24/7 Availability DUI's Drug Offenses Domestic Violence • Assault/ADW
- Restraining orders

www.MichaelKernLaw.com 619.200.2808

BUSINESS OPPORTUNITY

XTRA INCOME - Solar home flipping venture Seek motivated partner to join solar home project. Have passion for RE & sustainability 858-344-

CAREGIVER

EXPERIENCED HOME AID CARE – I have injury, alzheimers, parkinsons & people with cial disabilities. Have references vint driving record. 619-372-4081. Text or call.

CELL PHONES

WIRELESS PROS - offers cell phone plans, repairs, accessories. Unlocked phones, prepaid refill center 619 426-0077. National City & Chula Vista locations.

CHIROPRACTIC



4 Visit Membership for \$69/month (\$20/month savings or regularly \$89) 2530 Vista Way, Ste P Oceanside • (760) 600-5553

HELP WANTED

CARE COMPANION - Female for German speaking 83 yr old educated lady in O'side. 3-4 days/wk, several flex hrs. Lt chores-laundry, declutter, organizing. No cleaning or full meal cooking, coffee/tea chats, drive to lunches, beach, countryside, attend worthwhile local events, \$20/hr \$ 0.70/mile, Send contact info to: tangaroa700@gmail.com

Newspaper delivery driver for news racks, stands. countertops, etc, in south San Diego area 2x a month – no door to door. You need a clean driving record, dependable car w/insurance, base access. Great job for military retiree or military spouse for some extra \$\$. 619-280-2985. Please leave name, area of San Diego you live in, call back number 619-280-2985

HOUSING WANTED

FEMALE - Single, employed, looking for a room in La Jolla-UTC-Miramar. Vetted & stable employment. I don't have pets, kids or issues. 760-271-3144.

MEDICAL SUPPLIES

PABIGAIL MEDICAL SUPPLIES, INC

www.abigailsmedicalsupplies.com our source for home medical equipmen

Wheelchairs, Knee Walkers, Lift Chairs, Compression Socks/Sleeves, Custom Compression Socks. Walking Aids, PPE Prosthetics, Hospital Beds, Mastectomy

Bath Safety Items, Lymphedema Pumps

(760) 940-1132

Oceanside San Diego (619) 220-7090

PRESS

Veterans **Crisis Line** Dial 988 then

Visit our military museums

The Veterans Museum at Balboa Park. The Veterans Museum and Memorial Center is a museum located in historic Balboa Park of San Diego, California. Founded in 1989, it is dedicated to create, maintain, and operate an institution to honor and perpetuate the memories of all men and women who have served in the Armed Forces of the United States of America.

Active duty military, Museum Member, Children under 12: Free Veterans/Seniors: \$4 • Adults: \$5 • Student ID: \$2 2115 Park Blvd, San Diego (Balboa Park) • (619) 239-2300 http://www.veteranmuseum.org/ Hours: Call for current hours (619) 239-2300

MCRD Command Museum & Historical Society. Museum focusing on Marine Corps history from the 19th century to today is also a research library. https://www.mcrdmuseum.org/

Free admission • The Pass and ID Center may issue day passes to visitors who wish to visit the museum and do not posses military ID-call (619) 524-4200 for information on base access.

1600 Hochmuth Ave, San Diego, 92140 • (619) 524-4426

Hours: Mon 8am-3pm, Tue-Fri 8-4; Family day 8-5:45; Sat 10:30-5, Closed Sunday

Marine Corps Mechanized Museum Camp Pendleton. Managed under the auspices of Camp Pendleton's Museum Division Office, the collection of over 50 vehicles ranges from World War I to the first Gulf War. It includes Patton tanks, armored wheeled and tracked vehicles, trucks, jeeps and amphibious vehicles. When coming aboard Camp Pendleton, please ensure that you have a valid photo ID for every vehicle occupant along with current registration and proof of insurance. https://www.themech.org/

24194 Vandegrift Blvd, Oceanside, CA 92058. (760) 725-5758 Mon-Thur 8am-4pm, Fri 8am-1pm, Closed Saturday & Sunday

USS Midway Museum. The USS Midway Museum is a maritime museum located in downtown San Diego at Navy Pier. The museum consists of the aircraft carrier Midway. The ship houses an extensive collection of aircraft, many of which were built in So Cal.

FREE-Children 5 & under, Active Duty military including reservists (w/ valid ID). Adult \$34 (ages 13+). Youth \$24 (ages 4-12). Veterans (w/ID) \$24*Must show ID at entrance.

Armed Forces Dispatch • (619) 280-2985 Published by Western States Weeklies, Inc. 2604 B-280 El Camino Real, Carlsbad, CA 92008

E-mail: editor@navvdispatch.com

REAL ESTATE

BERKSHIRE HATHAWAY

CALIFORNIA PROPERTIES



Military Relocation Professional Stephanie Love-Payne

Realtor® MRP, SRES®

2060 Otay Lakes Rd. #150 Chula Vista, Ca. 91913 **858-583-8470**

elovepayne@bhhscal.com 34782 em of BHHAffliates, LLC DRE #02134782

RENTALS APARTMENTS

CHULA VISTA - 1BR/1BA "Our military tenants love this apartment". Convenient to bases, off st parking, security cameras, close to mrkt, Indry & bus. \$1650/mo. 619-368-4059.

> **AVAILABLE** NOW!!! 1, 2 or 3 BR's

Apartments. Townhouse & Houses **MOVE-IN**

SPECIAL! LEADINGHAM REALTY

1062 Palm Ave., Imperial Beach 619-424-8600

SEA BREEZE

LARGE ONE & TWO **BEDROOMS**

Two blocks from the beach Most utilities included

CONTACT US FOR MOVE-IN SPECIAL 619-424-8153

"Kindness is something anyone can give without losing anything

themselves."

RENTALS APARTMENTS

PT LOMA - Studio, 118 sq ft. Newly rated, close to ocean, surrounded by parks, close to transportation & shopping & schools. Quiet. \$1895/mo. 619-222-5143.

RENTALS HOUSES

VIMPERIAL BEACH - 3BR/1.5BA home garage. Near Naval Training Center off the Silver Strand. \$3300/mo. 619-838-2045.

SAN DIEGO – 3BR/3BA, 3 car gar, no smoking/ drinking/drug/pets, no evictions, W/D hookups \$3500/mo. 4300 Newton Ave. 951-210-8392.

ROOM FOR RENT

SAN DIEGO – Large 2BR/1BA, military pref 1 person only. Own BR, BA, patio. \$1225/mo elec incld. Clean & Quiet. 619-709-7389. 4/15

NEAR 32nd St - One room close to 32nd St Mil pref. 1 person only, everything included \$1500 a month. Clean, Quiet. 619-714-1110

ROOM WANTED

FEMALE - Single, employed, looking for a room in La Jolla-UTC-Miramar area. Vetted & stable employment. No drama. 760-271-3144

SOLAR

WORLD EARTH MONTH REPLACE YOUR ENERGY BILL WITH A NEW SUNPOWER SOLAR /BATTERY SYSTEM

0 Down 2.99% 15yr \$1000 Military Discount 30% Fed Rebate Call (858) 344-9900

TATTOOS



CLEAN, FRIENDLY **ENVIRONMENT ASK ABOUT OUR**

MILITARY SPECIAL (760) 453-8097

3753 MISSION AVE OCEANSIDE, CA 92058

THERAPY

Emotional Eating? Compulsive Overeating?

earn techniques to break patterns of behavi nd thinking that trigger emotional eating

SUSAN WARD, LCSW 858-450-3210 Teletherapy Available TRICARE & TRICARE PRIME ACCEPTED

Second measles case of 2024 confirmed in county

The second case of measles this year in San Diego County has been confirmed in a 47-year-old resident who had recently traveled overseas, the County of San Diego Health and Human Services Agency announced last week. The most recent confirmed measles case in the County was in February 2024 in an unvaccinated infant who had also traveled overseas. These cases are not linked. The adult is currently hospitalized, but may have exposed others at a number of locations in Encinitas and Carlsbad.

County Epidemiology and Immunization Services Branch Immunization Unit staff members are working with Scripps Encinitas Hospital and Scripps Coastal Medical Center to identify and follow up with patients and staff.

In addition, County Public Health Services is working with the multiple sites listed below, and potentially others, to identify and follow up with staff who may have been exposed.

See county web site for list of locations. https://www.countynewscenter. com/second-measles-case-of-2024-confirmed-in-county/

"Measles is a very contagious disease that can be spread easily by coughing, sneezing, or being in the same room with an infected person," said Ankita Kadakia, M.D., County deputy public health officer. People with symptoms are asked to call their doctor's office in advance, rather than visit an office directly, so that infection control measures may be activated to prevent exposure to others. Measles develops seven to 21 days after exposure. Early symptoms include fever, cough, runny nose and red eyes. The distinctive red rash usually appears one to four days after early symptoms appear. A person is considered contagious four days before and four days after the rash appears. The rash typically begins on the face and head, then proceeds downward and outward to the hands and feet. It fades in the same order it began, from head to feet.

MOVIES AT THE BASES

SCHEDULES SUBJECT TO CHANGE. CHECK FOR UPDATES ON LINE AT. https://sandiego.navylifesw.com/ select movies from dropdov https://miramar.usmc-mccs.org/dining-entertainment/movies select movies from dropdown menu on left https://pendleton.usmc-mccs.org/dining-entertainment/theater

Lowry Theater - NASNI, 619-545-8479 Bldg. 650 Thursday - April 11 5:30 PM Kung Fu Panda 4 pg

Pendleton Theater and Training Center Bldg 1330 Mainside (Across from Mainside Center) Saturday, April 13 1:30pm Dune: Part 2 (PG13)

Saturday, April 20

1:30pm*Kung Fu Panda 4 (PG) *SEN-SORY FRIENDLY* 4:00pm Imaginary (PG13)

Bob Hope Theater 577-4143 MCAS Miramar Bldg 2242

Friday, April 12 Saturday, April 12 6:00 PM – Arthur the King (PG-13) Saturday, April 13 3:00 PM – The American Society of Magical Negroes (PG-13) 6:30 PM - Dune: Part Two (PG-13) Sunday, April 14

12pm – Wonka (G) - Free Showing 3pm - Ghostbusters: Frozen Empire Naval Base Theater - NBSD, 619-556-5568, Bldg. 71 3465 Senn Rd.

Wednesday - April 10 6:00 PM Dune: Part Two pg13 Thursday - April 11
6:00 PM Kung Fu Panda 4 pg
8:10 PM Imaginary pg13
Friday - April 12
5:50 PM The American Society of Magical

Negroes pg13 8:00 PM Arthur the King pg13

Saturday - April 13 12:50 PM Kung Fu Panda 4 pg 3pm Ghostbusters: Frozen Empire pg13 6:00 PM Arthur the King pg13 Sunday - April 14 1:00 PM Kung Fu Panda 4 pg

3:10 PM Dune: Part Two pg13 3:10 PM Durie: Part 1 Wo pg13
Wednesday - April 17
6:00 PM Arthur the King pg13
Thursday - April 18
6pm American Society of Magical Negroes pg13 8:20 PM Imaginary pg13

For updates check https://sandiego. navylifesw.com/movies,

SOCIAL SECURITY MATTERS

When should we claim Social Security?

Dear Rusty: I am almost 63 and my husband will be 61 soon, and we are looking to see when our best time would be to start our Social Security benefits. We would like to know if one of us qualifies for benefits from a previous marriage from 1984 to 1995. And we are wondering if I can start drawing at age 65, in two years, or if it is better that I wait until 67 because my spouse is 2 years younger than me. Also, if I were to continue working limited hours after 65, what would my earning limit be? Signed: Almost Ready

Dear Almost Ready: The first thing to understand is that full retirement age (FRA) for both of you is 67. If either of you claim before that, your monthly benefit amount will be permanently reduced and, because you are working, you will be subject to Social Security's "earnings test."

If you claim your benefit at age 65 your monthly payment will be about 87% of what you would get if you claimed at age 67. If your husband claims at age 62, his benefit will be about 70% of his FRA amount. The only way to get 100% of the benefit you've each earned from a lifetime of working is to claim at your FRA. You can choose to claim at age 65 as long as you're comfortable with the benefit reduction which will occur, and as long as your annual work earnings do not significantly exceed the earnings limit for that year. In any case, when each of you claims will not affect the other's retirement benefit amount.

Social Security's "earnings test" for those claiming before FRA sets a limit for how much can be earned before some (or all) benefits are taken away. The earnings limit for 2024 is \$22,320, but it changes yearly. If you claim early benefits and your work earnings exceed that year's limit, Social Security will take away \$1 in benefits for every \$2 you are over the limit. They take away by withholding future benefits long enough to recover what you owe for exceeding the limit. If you significantly exceed the annual earnings limit, you may be temporarily ineligible to receive SS benefits until you either earn less or reach your FRA (the earnings test no longer applies after you reach your FRA). I cannot predict what the earnings limit will be two years from now, but it will be more than the 2024 limit and published at that time. FYI, in the year you turn 67 your pre-FRA earnings limit will be much higher, and when you reach your FRA the earnings test no longer applies.

Regarding your previous marriage, you cannot receive spousal benefits from an ex-spouse while you are currently married. But when to claim may also be influenced by whether either you or your current spouse will get a spousal benefit from the other. If the FRA (age 67) benefit amount for one of you is more than twice the other's FRA entitlement, the one with the lower FRA amount will get a "spousal boost" to their own amount when both of you are collecting.

Spouse benefits reach maximum at one's FRA, but each person's personal SS retirement amount will continue to grow if not claimed at FRA. Waiting past FRA to claim allows the SS retirement benefit to grow by 8% per year, up to age 70. So, with an FRA of 67, claiming at age 70 will yield a payment 24% higher than the FRA amount, 76% more than the age 62 amount, and about 37% more than the age 65 amount. But waiting beyond FRA is only smart if financially feasible and life expectancy is at least average (about 84 and 87 respectively for a man and woman your current ages).

And, as a general rule, if one's spousal benefit at FRA (50% of their partner's FRA entitlement) is highest, then that spouse should claim at FRA to get their maximum benefit.